Defining ADHD symptom persistence in adulthood: optimizing sensitivity and specificity

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Objective: Longitudinal studies of children diagnosed with ADHD report widely ranging ADHD persistence rates in adulthood (5–75%). This study documents how information source (parent vs. self-report), method (rating scale vs. interview), and symptom threshold (DSM vs. norm-based) influence reported ADHD persistence rates in adulthood. **Method:** Five hundred seventy-nine children were diagnosed with DSM-IV ADHD-Combined Type at baseline (ages 7.0–9.9 years) 289 classmates served as a local normative comparison group (LNCG), 476 and 241 of whom respectively were evaluated in adulthood (Mean Age = 24.7). Parent and self-reports of symptoms and impairment on rating scales and structured interviews were used to investigate ADHD persistence in adulthood. **Results:** Persistence rates were higher when using parent rather than self-reports, structured interviews rather than rating scales (for self-report but not parent report), and a norm-based (NB) threshold of 4 symptoms rather than DSM criteria. Receiver-Operating Characteristics (ROC) analyses revealed that sensitivity and specificity were optimized by combining parent and self-reports on a rating scale and applying a NB threshold. **Conclusion:** The interview format optimizes young adult self-reporting when parent reports are not available. However, the combination of parent and self-reports from rating scales, using an 'or' rule and a NB threshold optimized the balance between sensitivity and specificity. With this definition, 60% of the ADHD group demonstrated symptom persistence and 41% met both symptom and impairment criteria in adulthood. **Keywords:** Adult ADHD; DSM-5; diagnosis.

Introduction

Longitudinal studies of children diagnosed with attention-deficit hyperactivity disorder (ADHD) and followed into adulthood present an extraordinarily wide range of ADHD persistence rates (5% to 75%; Barkley, Murphy, & Fischer, 2008; Biederman, Petty, Clarke, Lomedico, & Faraone, 2011; Biederman, Petty, O'Connor, Hyder, & Faraone, 2012; Halperin, Trampush, Miller, Marks, & Newcorn, 2008; Hinshaw et al., 2012; Klein et al., 2012; Mannuzza, Klein, & Moulton Iii, 2002; Sibley et al., 2012; Weiss & Hechtman, 1993). Sample heterogeneity across these studies is probably not the sole explanation. Close examination of persistence definitions reveals considerable variability in sources, methods, and symptom thresholds used to define persistence. Source of information may include only self (Barkley et al., 2008; Klein et al., 2012; Sibley et al., 2012; Weiss & Hechtman, 1993) or parent

report (Barkley et al., 2008; Sibley et al., 2012) or their combination (Biederman et al., 2011, 2012; Halperin et al., 2008; Hinshaw et al., 2012; Mannuzza et al., 2002; Sibley et al., 2012). Method of data collection may involve rating scales (Sibley et al., 2012; Weiss & Hechtman, 1993), structured interviews (Barkley, Fischer, Smallish, & Fletcher, 2002; Hinshaw et al., 2012), or semi-structured interviews (Barkley et al., 2008; Biederman et al., 2011, 2012; Halperin et al., 2008; Klein et al., 2012; Mannuzza et al., 2002). Symptom threshold may reflect DSM criteria (Barkley et al., 2002; Biederman et al., 2011, 2012; Halperin et al., 2008; Hinshaw et al., 2012; Klein et al., 2012; Mannuzza et al., 2002; Sibley et al., 2012) or a developmentally adjusted, norm-based (NB) threshold (Barkley et al., 2008; Sibley et al., 2012; Weiss & Hechtman, 1993). Some investigators report symptom persistence that merely exceeds this threshold (Barkley et al., 2008; Biederman et al., 2011, 2012; Sibley et al., 2012), but others require impairment and rule out other mental health disorders as the source of symptoms (Biederman et al., 2011, 2012; Halperin et al., 2008;

Klein et al., 2012; Mannuzza et al., 2002; Weiss & Hechtman, 1993). Determining the optimal method of defining ADHD symptom persistence in adults has important implications for clinical evaluation and treatment of adult ADHD.

Herein, we examine persistence of ADHD symptoms in the Multimodal Treatment Study of Children with ADHD (MTA; MTA Cooperative Group, 1999) in young adulthood, when the mean age of the sample was 24.7 years (range 19 to 28). Our interest in defining persistence began in the 8-year follow-up, when only 30% of the adolescent cases in the MTA met DSM-IV criteria for diagnosis of ADHD, although many more cases displayed elevated symptoms and impairment (Molina et al., 2009). We suggested that this rate was an underestimate due to '…. symptom-count thresholds developed for the diagnosis of ADHD in children that may be overly stringent for adolescents and adults' (p.497).

In a companion investigation, we showed persistence of ADHD symptom severity through early adulthood to age 24.7 (Swanson et al., under review). Here, we evaluate factors that affect observed categorical adult ADHD persistence rates, to generate a definition of persistence that optimizes sensitivity and specificity. The MTA is well-positioned to examine this question with prospective collection of data on symptoms and impairment from multiple sources and methods in adolescence and early adulthood. Our aims were (a) to identify factors that contribute to the wide range of persistence rates reported in longitudinal studies, aiding in interpretation of disparate results reported in past studies and (b) to determine the optimal method for ascertaining symptom persistence of ADHD into adulthood.

Methods

The MTA (MTA Cooperative Group, 1999) was originally designed to compare 2-year effects of pharmacological and psychosocial treatments for children (7.0–9.9 years old) with ADHD-Combined Type. Two years after baseline, 289 classmates were recruited as a local normative comparison group (LNCG). Due to our recruitment strategies, the ADHD and LNCG groups were not significantly different in childhood on sex, age, and minority status (White, non-Hispanic vs. other). However, the LNCG had slightly higher socioeconomic advantage than the ADHD group. The MTA continued with prospective follow-up approximately biennially until 16 years after baseline (Jensen et al., 2007; Molina et al., 2007, 2009, 2013). Informed consent was obtained for all participants in adulthood.

Participants

The current subsample includes participants with at least one adult assessment (12, 14, or 16 year follow-up). Overall retention rate in adulthood was 82% for the ADHD group (N = 476 out of 579) and 94% for the LNCG (N = 272 out of 289); however, the current subsample excluded an additional 31 LNCG participants with a baseline diagnosis of ADHD and 23 ADHD participants with only one reporter at adult follow-up when that reporter indicated less than four ADHD symptoms.

The latter decision was based on concerns that underreporting by adults with ADHD (Sibley et al., 2012; Swanson et al., under review) might lead to false negative diagnoses in the absence of supplemental informant report. The resulting subsample represented 78% of the original ADHD group and 83% of the original LNCG. Average age at provision of adult report was 24.8 (SD = 1.31) for the ADHD group and 24.4 (SD = 1.36) for the LNCG.

Procedures

The MTA childhood assessment protocol (MTA Cooperative Group, 1999) was adapted to be age-appropriate for participants ≥18 years during later follow-up assessments. These assessments were administered by trained bachelor's level assessment staff members who were trained to be objective, but were not blind to participant group.

Measures

ADHD symptoms. ADHD symptoms were measured by the Conners Adult ADHD Rating Scale (CAARS; Conners, Erhardt, & Sparrow, 1999) and the young adult and parent versions of the Diagnostic Interview Schedule for Children (DISC; Shaffer, Fisher, Lucas, Dulcan, & Schwab-Stone, 2000) structured interview, completed by two sources (self, parent). The CAARS is a 72-item scale, which includes the 18 DSM-IV-TR symptoms of ADHD. ADHD symptoms were deemed present on the 0–3 CAARS scale if the respondent endorsed '2 = Pretty Much' or '3 = Very Much'. The DISC is a structured interview that queries the presence of each ADHD symptom (0 = No, 1 = Yes). Although supplemental probes for symptom-specific impairment are included (Shaffer et al., 2000), these probes were not considered when deeming a symptom as present.

Impairment. Impairment was evaluated via the Impairment Rating Scale (IRS; Fabiano et al., 2006) an individually administered paper and pencil 7-point scale (0 = no problem, 6 = extreme problem) that measures severity of adult impairment both globally and across separate functional domains. The IRS demonstrates strong psychometric properties for identifying impairment in adults with ADHD (Fabiano et al., 2006; Sibley et al., 2012). Based on the work of Fabiano et al. (2006) and Sibley et al. (2012) we used a cutoff of ≥3 on the IRS overall impairment item as endorsed by either informant (self, parent) to designate clinically significant impairment.

Analyses

Analysis 1 investigated how persistence rates vary when applying different methods, sources, and symptom thresholds. We anticipated a NB threshold of four symptoms of Inattention (IN) or Hyperactivity/Impulsivity (HI) based on past research (Barkley et al., 2008; Sibley et al., 2012) and verified this threshold by calculating the LNCG symptom count mean + 2 standard deviations across measures and sources. Analysis 1 compared 36 candidate persistence definitions, generated by crossing two instruments (CAARS vs. DISC), three symptom thresholds (6 symptoms: DSM-IV; 5 symptoms: DSM-5; and 4 symptoms: NB), and six informant sources (parent and young adult reports examined alone and in four combinations). Four combination rules were derived by crossing two criteria for symptom presence ('and' rule: symptom counted present only if endorsed by both sources; 'or' rule: symptom counted present if endorsed by either source) with two combination procedures (combining at the item level vs. at the symptom count level). Item-level combination occurred by first

combining reports at the item level and then counting symptoms. Count-level combination occurred by first counting symptoms separately for each source and then using the higher estimate to represent symptom level. McNemar's chisquare tests of marginal probability were used to test specific hypotheses about persistence rates using an SPSS Macro (Newcombe, 1998). Bonferroni corrections were enforced to correct for multiple comparisons within set.

Receiver-Operating Curve (ROC) analyses (Analysis 2) compared six diagnostic methods to compare sensitivity and specificity when detecting cases who met four basic criteria for ADHD in adulthood (elevated symptoms, current impairment, and childhood onset/chronicity; Hanley & McNeil, 1982). Cases who met the symptom threshold but did not meet impairment or age of onset/chronicity criteria were considered to be false positives. For each evaluated diagnostic method, ROC curves plot true positives on the vertical axis and false positives on the horizontal access, creating a probability curve that indicates the balance between sensitivity and specificity as a function of the plot's area under the curve (AUC). In the ROC analysis, we examined the AUC values and their confidence intervals to identify the statistically optimal solution. Fifteen paired comparisons between curves were conducted to assess statistically significant differences between AUCs using a method developed by DeLong, DeLong, and Clarke-Pearson (1988). Bonferroni correction was enforced to correct for multiple comparison ($p < .003$).

Results
Analysis 1

Table 1 reveals that across methods and sources, the average of the LNCG $M + 2SD$ thresholds was 4.18 for IN and 2.94 for HI, which conservatively supports the previously suggested NB threshold of four symptoms of either IN or HI (Barkley et al., 2008). This threshold of four DSM symptoms henceforth served as the NB symptom threshold for all analyses. Table 2 displays the percentages of cases deemed persistent for 36 combinations of method, source, and threshold. McNemar's tests (see Table 2) confirmed that, as expected: higher rates of symptom persistence were obtained when using an 'or' versus 'and' rule (6 contrasts); for the 'or' rule, item-level combination led to significantly higher persistence rates than count-level combination (6 contrasts); parent reports led to significantly higher persistence rates than self-reports (6 contrasts); combined report (using an 'or' item-level rule) led to significantly higher persistence rates than parent report (6 contrasts); for self-report, ratings on the DISC led to significantly higher persistence rates than the CAARS (3 contrasts); for parent report, ratings on

the DISC and CAARS were not significantly different (3 contrasts); and the NB threshold led to significantly higher persistence rates than the DSM-5 criterion (2 contrasts), which resulted in higher persistence rates than the DSM-IV (2 contrasts).

Analysis 2

Given evident incremental information when combining parent and self-reports (Table 2), we specified the ROC analysis to compare six different diagnostic methods that varied on instrument (CAARS vs. DISC) and threshold (DSM-IV, DSM-5, NB), but not source (all six final candidate definitions used combined report and an item-level 'or' rule). All six methods discriminated true positive and negative cases at a level that was significantly greater than chance (AUC > .5, $p < .001$; Figure 1 and Table 3). A stepwise series of curves indicated an increasing ratio of sensitivity to specificity when moving from the DSM-IV to NB symptom count threshold for both the DISC and CAARS. After correcting for multiple tests, paired z-score comparisons indicated that these differences were statistically significant for comparison of the NB threshold on the CAARS versus the DSM-IV threshold on the DISC and comparison of the DSM-IV versus DSM-5 thresholds on the CAARS. These results indicate that balance between sensitivity and specificity was maximized using combined parent and self-reports from the CAARS and applying a NB threshold. Table 4 displays classification rates for each candidate persistence definition separated by childhood diagnostic group. Under this optimal method, 41.1% of the ADHD group met both symptom and impairment criteria in adulthood and 7.1% of the LNCG appeared to experience onset of above threshold ADHD symptoms after childhood.

Discussion
We evaluated 36 candidate definitions for symptom persistence of ADHD into adulthood based on combinations of sources, methods, and symptom thresholds. Across these definitions, symptom persistence rates varied dramatically (from 1.9% to 61.4%–see Table 2). Prevalence analyses suggested that parent and self-reports offered unique diagnostic information. Findings suggest that when using combined

Table 1 LNCG symptom count means and standard deviations used to derive norm-based (Mean + 2 SD) thresholds

| | CAARS rating scale | | | | | | DISC interview | | | | | |
| | IN | | | HI | | | IN | | | HI | | |
	M	SD	$M + 2SD$	M	SD	$M + 2SD$	M	SD	$M + 2 SD$	M	SD	$M + 2SD$
Self-report	.64	1.56	**3.76**	.83	1.29	**3.41**	.82	1.58	**3.98**	.64	1.27	**3.18**
Parent report	.84	2.01	**4.85**	.65	1.33	**3.31**	.79	1.67	**4.13**	.29	.78	**1.85**

Note: NB thresholds presented in bold.

Table 2 Variability in symptom persistence by source, method, and threshold

	DISC Interview (%)			CAARS Rating Scale (%)		
	DSM-IV (6)	DSM-5 (5)	NB (4)	DSM-IV (6)	DSM-5 (5)	NB (4)
Self-report	17.7	25.3	32.2	12.1	15.9	24.5
Parent report	28.4	35.8	45.1	28.7	35.8	44.6
Combined sources						
And rule/count level	5.8	10.6	16.2	6.2	8.9	14.8
And rule/item level	**1.9**	2.9	4.4	3.8	5.3	7.5
Or rule/count level	38.4	48.9	59.2	35.5	44.7	57.4
Or rule/item level	44.0	52.5	**61.4**	38.2	49.9	60.1

Note: (6) = six symptom threshold, (5) = five symptom threshold, (4) = four symptom threshold. No DISC was available for fifteen individuals with CAARS rating scales. The four combination rules were derived by crossing two criteria for symptom presence ('and' rule symptom counted present only if endorsed by both sources; 'or' rule: symptom present counted present if endorsed by either source) with two sequences to combine sources (item level: first combining reports at the item level and then counting symptoms vs. count level: first counting symptoms separately for each source and then using the higher estimate to represent symptom level). Values in bold represent the lowest and highest estimates provided using systematically varied diagnostic methods. The following comparisons were made for the persistence rates presented in Table 2. And rule versus or rule comparisons: CAARS DSM-IV: 3.8 % versus 38.2%, $\chi^2(1) = 147.00$, $p < .001$, CAARS DSM-5: 5.3% versus 49.9%, $\chi^2(1) = 154.00$, $p < .001$, CAARS NB: 7.5% versus 60.1%, $\chi^2(1) = 216.00$, $p < .001$, DISC DSM-IV: 1.9% versus 44.0%, $\chi^2(1) = 111.00$, $p < .001$, DISC DSM-5: 2.9% versus 52.5%, $\chi^2(1) = 135.00$, $p < .001$, DISC NB: 4.4% versus 61.4%, $\chi^2(1) = 159.00$, $p < .001$); Item versus symptom level comparisons: NB And rule: 4.4% versus 16.2%, $\chi^2(1) = 22.00$, $p < .001$, DSM-5 And rule: 10.6% versus 2.9% $\chi^2(1) = 48.00$, $p < .001$, DSM-IV And rule: 5.8% versus 1.9%, $\chi^2(1) = 9.00$, $p = .003$, NB Or rule: 57.4% versus 60.1% $\chi^2(1) = 20.00$, $p < .001$, DSM-5 Or rule: 44.7% versus 49.9%, $\chi^2(1) = 14.00$, $p < .001$, DSM-IV Or rule: 35.5% versus 38.2%, $\chi^2(1) = 28.00$, $p < .001$; self-report versus parent report comparisons: DISC DSM-IV: 17.7% versus 28.4%, $\chi^2(1) = 11.97$, $p < .001$, DISC DSM-5: 25.3% versus 35.8%, $\chi^2(1) = 9.47$, $p = .002$, DISC NB: 32.2% versus 45.1% $\chi^2(1) = 10.46$, $p = .001$, CAARS DSM-IV: 12.1% versus 28.7%, $\chi^2(1) = 50.00$, $p < .001$, CAARS DSM-5: 15.9% versus 35.8%, $\chi^2(1) = 59.08$, $p < .001$, CAARS NB: 24.5% versus 44.6%, $\chi^2(1) = 48.78$, $p < .001$; parent versus combined report comparisons: DISC DSM-IV: 28.4% versus 44.0%, $\chi^2(1) = 41.00$, $p < .001$, DISC DSM-5: 35.8% versus 52.5%, $\chi^2(1) = 51.00$, $p < .001$, DISC NB: 45.1% versus 61.4%, $\chi^2(1) = 61.00$, $p < .001$, CAARS DSM-IV: 28.7% versus 38.2%, $\chi^2(1) = 38.00$, $p < .001$, CAARS DSM-5: 35.8% versus 49.9%, $\chi^2(1) = 58.00$, $p < .001$, CAARS NB: 44.6% versus 60.1%, $\chi^2(1) = 6,500$, $p < .001$); DISC versus CAARS comparisons: self-DSM-IV: 17.7% versus 15.9%, $\chi^2(1) = 6.72$, $p < .009$, self-DSM-5: 25.3% versus 15.9%, $\chi^2(1) = 22.77$, $p < .001$, self-NB: 32.2% versus 24.5%, $\chi^2(1) = 15.80$, $p < .001$, parent DSM-IV: 28.4% versus 28.7%, $\chi^2(1) = 0.29$, $p = .588$, parent DSM-5: 35.8% versus 35.8%, $\chi^2(1) = 0.16$, $p = .686$, parent NB: 45.1% versus 44.6%, $\chi^2(1) = 0.04$, $p = .840$); NB versus DSM-5: DISC: 61.4% versus 52.5%, $\chi^2(1) = 46.00$, $p < .001$, CAARS: 60.1% versus 49.9%, $\chi^2(1) = 38.00$, $p < .001$, DSM-5 versus DSM-IV: DISC: 52.5% versus 44.0%, $\chi^2(1) = 53.00$, $p < .001$, CAARS: 49.9% versus 38.2%, $\chi^2(1) = 31.00$, $p < .001$).
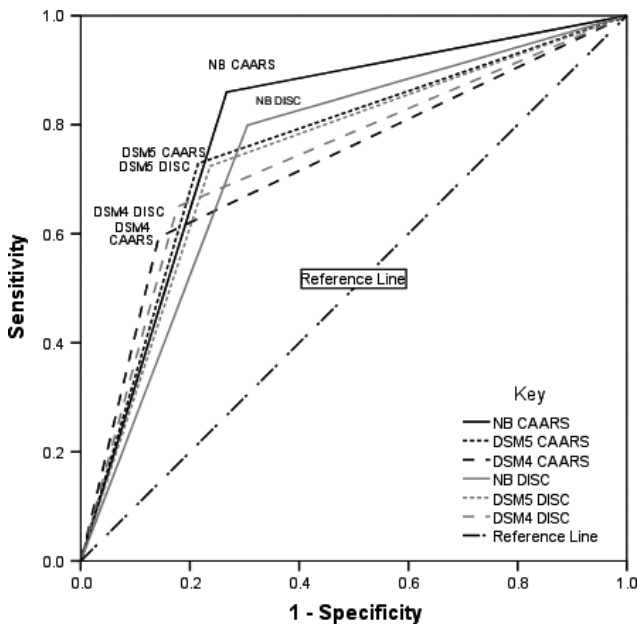

Figure 1 Receiver-operating characteristics for method and threshold. X-axis represents 1 – specificity value. Y-axis represents the sensitivity value.

parent and young adult reports the balance between diagnostic sensitivity and specificity was optimized by a rating scale method (e.g. the CAARS) and a NB symptom threshold (i.e. 4 symptoms of either IN or HI). Using this definition, symptom persistence of ADHD in young adulthood was approximately 60% (Table 2) and 41.1% of the ADHD group met both the optimized persistence criteria and presence of impairment (see Table 4).

Persistence rates reported in other studies were also substantially higher when using combined versus parent-only or self-only reports and NB versus strict DSM criteria (Barkley et al., 2002; Biederman et al., 2011, 2012; Halperin et al., 2008; Hinshaw et al., 2012; Klein et al., 2012; Mannuzza et al., 2002; Sibley et al., 2012; Weiss & Hechtman, 1993). These estimates are elevated by virtue of casting a wider net on symptoms; however, doing so appears key to preserving diagnostic sensitivity since symptoms of ADHD in adults may be subjective, often unrecognized by the patient, and difficult for informants to observe. The incremental benefit of combined report was particularly expected given noted symptom underreporting by adults with ADHD – a tendency attributed to a self-perception bias or inattentiveness during assessment (Molina & Sibley, 2014). There is additional concern that parents of adults have only intermittent interactions with their offspring, limiting familiarity with the individual's daily functioning. Thus, use of parent

Table 3 Receiver-operating characteristic curves

| | AUC | SE | p | 95% CI | z-score for paired comparison | | | | |
					Versus 1	Versus 2	Versus 3	Versus 4	Versus 5
DISC									
(1) DSM-IV	.736	.022	<.001	.694–.779	–				
(2) DSM-5	.744	.021	<.001	.703–.784	.64	–			
(3) NB	.747	.020	<.001	.708–.786	.71	.33	–		
CAARS									
(4) DSM-IV	.725	.022	<.001	.682–.769	.59	.92	1.09	–	
(5) DSM-5	.757	.021	<.001	.717–.797	1.10	.78	.58	2.60	–
(6) NB	.796	.018	<.001	.762–.832	3.16*	2.92	2.85	4.32*	3.08*

Note: AUC, Area Under the Curve; SE, standard error; p, statistical significance; CI, Confidence Interval. *Indicates statistically significant paired comparison $p < .003$.

Table 4 Absolute classification rates within childhood ADHD and LNCG groups

| | DISC interview | | | CAARS rating scale | | |
	DSM-IV (6)	DSM-5 (5)	NB (4)	DSM-IV (6)	DSM-5 (5)	NB (4)
Childhood ADHD						
Persistence Rate (%)	44.0	52.5	61.4	38.2	49.9	**60.1**
Total Correct Classification (%)	70.3	68.9	67.2	70.7	71.8	74.4
True Positives: Persistent with impairment	30.5	33.9	37.5	28.3	34.7	41.1
True Negatives: Desistent without impairment	39.8	35.0	29.7	42.4	37.1	33.3
Total Incorrect Classification (%)	29.7	31.1	32.8	29.3	28.2	25.6
False Positives: Persistent without impairment	13.1	18.0	23.3	9.9	15.2	19.0
False Negatives: Desistent with impairment	16.6	13.1	9.5	19.4	13.0	6.6
No Childhood ADHD (LNCG)						
Symptomatic Rate (%)	7.9	10.9	14.2	7.1	11.2	14.5
De Novo ADHD or other disorder: Symptomatic with impairment	4.2	4.6	5.0	4.6	6.2	7.1
False Positives: Symptomatic without impairment	3.7	6.3	9.2	2.5	5.0	7.4
Full Sample (ADHD + LNCG)						
Sensitivity	64.9	72.4	79.9	59.3	72.7	86.1
Specificity	82.3	76.4	69.5	85.9	78.4	73.3

Note: Value in bold represents the persistence rate with an optimized balance between sensitivity and specificity according to ROC analyses.

or self-reports alone may falsely deflate persistence rates in adulthood. Obtaining parent report for young adults may be challenging in settings where a parent is not immediately accessible during the assessment. Although it may require extra efforts to obtain these reports, doing so not only enhances the collection of accurate information about the adult's current functioning, but also may clarify symptom chronicity during childhood and adolescence. This requirement is particularly critical in young adulthood, when false positive diagnoses may be common and duplicitously sought by young adults without ADHD who seek diagnoses to obtain stimulant medication prescriptions or educational accommodations (Molina & Sibley, 2014). In cases where it is impossible to obtain a parent report, the report of another informant (e.g. spouse, sibling, roommate, coworker, supervisor) can be useful given the important limitations to self-report (see Table 2).

The optimal trade-off between sensitivity (.86) and specificity (.73) was obtained using a NB criterion (see Table 4). When defining persistence in research or epidemiological settings, optimizing sensitivity and specificity refines estimation of disorder prevalence. Overall, false negative diagnoses were

substantially higher (19.4% vs. 6.6%) under the strict DSM threshold compared to a NB one (see Table 4). Perhaps the gravest implication of false negative diagnoses is failure to provide treatment to individuals with impairing symptoms. On the other hand, false positive diagnoses among unimpaired individuals with a childhood history of ADHD were higher when using a NB threshold (19.9%) versus strict DSM criteria (9.9%). These individuals likely represented childhood cases with well-managed symptoms that are no longer impairing. Importantly, these false positive diagnoses do not likely pose a true threat to false diagnosis in clinical settings because they do not meet the DSM impairment criterion.

Most longitudinal studies solely used structured interviews to ascertain symptom presence; thus, our report offers a first glimpse of the relative utility of rating scales versus structured interview. These two methods led to similar persistence rates when using parent reports alone; however, the interview produced a significantly higher persistence estimate than the rating scale when considering self-reports alone. A face-to-face format may enhance accurate reporting among individuals with ADHD, who may

rush through or carelessly complete rating scales. However, ROC curves indicated that combined report on a rating scale possessed stronger sensitivity and specificity than the DISC. Thus, this method is typically advised; however, the interview may be particularly useful for symptom detection when parent or facsimile report is unavailable. Although we did not test the utility of semi-structured interviews, this format may be particularly helpful for detecting symptoms in young adults when an informant report is unavailable. Unlike structured interviews, semi-structured interviews allow clinicians to probe the presence of symptoms when the interviewee provides ambiguous or incomplete information upon initial query. Since clinical diagnosis requires interview to assess the fifth DSM criterion – that symptoms are not attributable to another disorder – interviews should continue to play an important role in clinical assessment, despite the superior symptom detection properties of the CAARS.

Using our optimal definition of persistence, there was a 7.1% rate of de novo adult ADHD cases in the LNCG. Many de novo cases meet symptom and impairment criteria for the disorder. Some of these may be true positive cases of adult-onset ADHD if the symptoms are not due to another disorder. These individuals may have experienced subclinical ADHD symptoms prior to adulthood that became significant with the increase of environmental demands in adulthood. On the other hand, it is possible that these cases possess a qualitatively different type of attention problems that represents a distinct adult-onset disorder. Other de novo cases may be false positives, impaired individuals with mood, anxiety, or other disorders that share symptoms with ADHD; these are clinically ruled out by the fifth DSM criterion. LNCG individuals who are unimpaired but met criteria for symptom presence (7.4%) are unlikely to be diagnosed in clinical settings because the DSM requires impairment for diagnosis.

The most important limitation to this study is that the symptoms of ADHD are subjective. The field lacks a gold standard objective test of this disorder. Our ROC analyses employ three important markers of adult ADHD (current symptoms, current impairment, and childhood ADHD history) as stand-ins for a true gold standard criterion. In addition, because of the nature of the IRS – a single item, reported by the same informants who provided symptom information – we were unable to fully determine the source of impairments. Approximately 6% of the ADHD group reported significant impairment in the absence of clinically elevated symptoms (by any definition; see Table 4) and some of these individuals may have been misclassified if their impairments were due to a mental health disorder other than ADHD. Although we do not believe that the small number of individuals affected by this limitation would meaningfully influence analyses, approximately 2% of the desistent ADHD group had a mood

disorder and 5% had an anxiety disorder at adult follow-up, while a drug use disorders were present in 12% of desistent cases (Hechtman et al., under review). In addition, to protect against false negative classification due to underreporting by young adults with ADHD (Barkley et al., 2008; Sibley et al., 2012), we required two sources to verify full absence of symptoms in a case. This led to the omission of 16 cases from analyses, and some may have been true negative cases. It is also important to note that the ADHD symptom count distribution in a normative sample is positively skewed; thus, using a mean + 2 *SD* approach to defining age-adjusted thresholds (Barkley et al., 2008) may not be optimal. In addition, our data suggested that an asymmetrical NB threshold of either four symptoms of IN or three symptoms of HI may warrant further investigation, but we did not pursue this. Finally, all study assessments were conducted by research staff who were not blind to initial group assignment.

Despite these limitations, our findings suggest that a thorough and optimal assessment of ADHD in adulthood should include: reports by other informants (e.g. parents) – especially in cases when available self-reports do not indicate clinically significant symptoms; rating scales to determine symptom count as a supplement to clinical or semistructured interviews that assess presence of impairment, chronicity, and explanation of symptoms by other disorders; and a developmentally referenced threshold for symptom persistence. These strategies may lead to a narrower range of symptom persistence estimates and improved methods for evaluating prevalence in adulthood.

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Key Points

- Longitudinal studies of children diagnosed with ADHD report widely ranging ADHD persistence rates in adulthood (5–75%).
- This study indicated that rates of ADHD persistence into adulthood vary greatly, depending on how investigators collect and analyze information: structured interviews versus rating scales, self-reported versus parent/other-reported information, and selection of symptom threshold.
- This study indicated that parent reports yielded higher persistence rates than self-reports.
- The combination of parent and self-reports using an 'or' rule and then applying an age-adjusted norm-based DSM threshold was considered optimal in providing a balance between sensitivity and specificity.
- With this definition, 60% of the ADHD group demonstrated symptom persistence and 41% met both symptom and impairment criteria in adulthood.

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